

**SYLLABUS DIVISION 2021-2022**

**CLASS: 1**

**MLW**

**Book- My Living world-I**

<b>MONTH</b>	<b>LESSON</b>	<b>OBJECTIVE</b>	<b>ACTIVITIES</b>
<b>APRIL</b>	<b>Lesson 1 (More About Me)</b>	Be curious about the world around them. Develop awareness about human body and how to take care of it. Enhance the ability to think creatively.	Mirror activity Real situations. Picture reading cards on sense organs. Audio-Visual Aids Myself (written & Oral) Parts of body Sense Organs
<b>MAY</b>	<b>Lesson 2 (Keeping Clean)</b>	Think imaginatively. Develop a scientific attitude and healthy work habits. Have an eye for detail.	Blind man's game Explain personal cleanliness by rhymes and use of hygiene kit. Group discussion.
<b>JUNE</b>		<b>Summer Break</b>	
<b>JULY</b>	<b>L-3 (Food) L-4 (keeping healthy) L-5 (clothing)</b>	Develop a scientific attitude and healthy food habits. Enhance the ability to discriminate between good food and bad food. Develop awareness about food we eat Develop awareness about human body and how to take care of it. Think imaginatively.	Children will bring different food items to school and classify them as fruits, vegetables, pulses and meat. Pretend play- 'if we do not eat right food, what will happen to our body'. Pastes the pictures of seasonal clothes on a chart. Bring different objects which help us in keeping our body clean. Role play- children to do 'role play' of a doctor, nurse and a patient. Names of different seasons.
<b>AUGUST</b>		<b>Revision and Evaluation</b>	
<b>2<sup>nd</sup> Term</b>			
<b>SEPTEMBER</b>	<b>L-6 (A house is a must) L-7 (Who are they?) L-8 (We are a happy family.)</b>	Understand the meaning and importance of a family and comprehend it's working. Enhance the ability to discriminate between nuclear family and joint family. Understand the importance of house and a family. Be curious about the families of peers.	Role play- how a house protects us from rain, heat, cold and also serves for security of life. Pretend play- if there are no houses, how can we live? Pictures or models of different houses can be shown which cannot be seen often. A discussion about the student's family.
<b>OCTOBER</b>	<b>L-9 (Fairs and festivals) L-10 (know your surroundings)</b>	Know simple facts about the traditions behind local fairs and festivals. Understand the meaning and importance of festivals. Develop awareness about the national festivals. Know the difference between river, pond and sea.	Draw national flag and colour it. Celebration of local festivals in the school. Celebration of special days like swami Dayanand Jayanti, Mahatma Hansraj day and Swami Shradhanand day etc. Audio-Visual Aids. Names of different festivals ( Religious & National )

NOVEMBER		<b>Revision and Evaluation</b>	
3 <sup>rd</sup> Term DECEMBER	<b>L-11 (Plants) L-12 (The animal kingdom)</b>	Be curious about the world around them Develop a tendency to explore his surroundings. Identify animals and birds. Develop a scientific attitude about plants. Distinguish between tress, climbers and creepers.	Nature walks to observe the plants in the neighborhood. Compare plants according to their size, shape, colour of leaves and flowers etc. Recognize the animals/birds which they have seen but are not found in locality. Audio-Visual Aids. Parts of a plant. Things we get from plants. Domestic & Wild animals.
JANUARY	<b>L-13 (Water) L-14 (Important places)</b>	To know about the important places in neighbourhood. Identify the uses of water in daily life (washing clothes and utensils, bathing, cooking and drinking etc.) Understand and interpret the relationship between man and his neighbourhood. To know about the people you find in the different places like hospital, shop, bus stop and police station.	Demonstration of things which sink, float and dissolve in water. Identify the uses of water in daily life. Experiment with water. Children can be given a project to identify important places in their locality such as places of worship, market, school, bank, hospital and park etc. Audio-Visual Aids. Sources of water & Uses of water. Important places.
FEBRUARY	<b>L-15 (Let us meet them)</b>	Develop awareness about the different types of helpers. To know about the special clothes called uniforms of different professions. To know about the tools used by different helpers. To know about the social helpers.	Children will show the available tools or things used by the people of different occupation. Field trip to show various work situations in the locality. Teacher will act like a doctor, postman etc. and ask the students to guess who am I? Audio-Visual Aids.
MARCH		<b>Revision and Evaluation</b>	

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<b>twu</b>	<b>xzh'edkyhu vodk”k</b>		
<b>tqykbZ</b>	Hkk'kk ek/kqjh          Hkk'kk vH;kl	ikB 6 ls 8 ¼i`B 12 ls 18½ ikB&6 xqfM+;k dh “kknh ikB&7 dfork ^”kke gqbZ* ¼ekSf[kd½ ikB&8 tknwj dk tknw i`B 20 ls 31  vaxksa ds uke o Qyksa ds ukeA	fp= ns[kdj fn, x, “kCnksa esa ls lgh uke pqudj fy[kukA lgh o.kZ ij ek=k yxkdj “kCn fyf[k,A fp= ns[kdj oxZ igSyh lqy>kb,A fp= ns[kdj mldk uke iwjk dhft,A fn, x, “kCnksa dks ek=k ds vuqlkj lgh LFkku ij fyf[k,A ^j* o.kZ easa lgh ek=k yxkdj “kCn nksckjk fyf[k,A dfork ^”kke gqbZ* dk लयबद्ध xk;uA
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<b>flrEcj</b>	Hkk'kk ek/kqjh          Hkk'kk vH;kl	ikB 9] 10 ¼i`B 19 ls 25½ ikB 9 & esyk ikB 10 & “kSyk dh eSuk i`B 32 ls 40	/ofu mPpkj.k }kjk o iz”uksrj fof/k }kjk ikB dk iBu o dfBu “kCnksa dk ys[kuA lgh “kCn pqudj okD; पूरे dhft,A fn, x, “kCnksa ds okD; cuk,aA fp= ns[kdj okD; iwjs dhft,A fn, x, o.kZ ls “kCn cukb,A opu cnfy, & ,d vkSj vusd fn, x, okD;ksa ds fy, ,d “kCn fyf[k,A fn, x, “kCnksa dks ek=k ds vuqlkj lgh fMCcs eas fyf[k,A lgh ek=k okys “kCnksa ij ?ksjk yxkb,A
<b>vDrwcj</b>	Hkk'kk ek/kqjh          Hkk'kk vH;kl	ikB 11 ls 13 ¼i`B 26 ls 34½ ikB 11      gksyh dk fnu ikB 12      dkS”ky dh सालगिरह ikB 13      lat; dh irax  i`B 41 ls 52	fn, x, okD;ksa dks lgh fp=ksa ls feykb, vkSj “kCn Hkh fyf[k,A fn, x, “kCnksa ds foijhrkFkZd “kCn pqudj fyf[k,A fn, x, “kCnksa ds समान y; okys “kCn fyf[k,A fn, x, o.kksZa ls cus “kCnksa ij ?ksjk yxkb,A “kCnksa dks lgh Øe esa yxkdj okD; fyf[k,A fp=ksa dks ns[kdj okD; cukb,A
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	Hkk'kk vH;kl	dh weans ikB 15 ifj;ksa dh jkuh dfork ¼ekSf[kd½ ikB 16 eLr dyanj i`B 53 ls 57	if{k;ksa dh tkudkj nsukA ,d ls vusd "kCn cukb,A mngkj.k ds vuqlkj okD; cukb,A lgh "kCn pqudj fyf[k,A
<b>tuojh</b>	Hkk'kk ek/kqjh  Hkk'kk vH;kl	ikB 17] 18 ¼i`B 44 ls 48½ ikB 17 dfork ^uUgh fpfM+;k* ikB 18 vPNh ijh i`B 58 ls 60	/ofu mPpkj.k }kjk ikB dk iBu o dfBu "kCnksa dk ys[kuA dfork ^uUgh fpfM+;k* dk y;c) xk;uA fn, x, "kCnksa ds विपरीत "kCn fyf[k,A ,d ls vusd esa cnfy,A "kCnksa ls okD; cukb,A
<b>Qojh</b>	Hkk'kk ek/kqjh  Hkk'kk vH;kl	ikB 19] 20 ¼i`B 49 ls 52½ ikB 19 dfork ^xqCckjs okyk* ikB 20 ;ksx"kkkyk i`B 61 ls 66	"kCnksa ds lgh :i fyf[k,A fjDr LFkkuksa esa leku y; okys "kCn fyf[k,A विपरीत "kCnksa ij ?ksjk yxkb,A fp=ksa dks ns[kdj dgkuh lef>, vkSj okD;ksa dks lgh Øe esa fyf[k,A lgh mRrj ij Bhd dk fu"kkku yxkb,A
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dljr

**ekSf[kd iz"u&**

- 1- vkdk"kk esa D;k&D;k gS\
- 2- okrkoj.k eas D;k&D;k gS\
- 3- thou ds vk/kkj dkSu&dkSu ls gSa\
- 4- gesa [kkuk] diM+k vkSj edku dkSu nsuk gS\
- 5- lqcg mBdj D;k&D;k djuk pkfg,\
- 6- ge vius nk;rkksa dh lQkbZ fdl rjg ls dj ldrs gSa\

**twu**

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7- ugkuk 8- gou 9- [kkuk

**ekSf[kd iz"u&**

- 1- gesa gou D;ksa djuk pkfg,\ 2- gesa [kkuk dSls [kkuk pkfg,\
- 2- Mh,-oh- dh LFkkiuk dgka gqbZ\ 4- Mh,-oh- dk iwjk uke D;k gS\

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10-ikB"kkkyk 11- i<+uk 12- [ksyuk

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- 3- i<+us ds fy, dSls LFkku ij cSBuk pkfg,\ 4- fofo/k [ksyksa ds
- 5- Mh,-oh- ds igys vkpk;Z dkSu Fks\

**flrEcj**

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3- vPNk ckyd dSls gksrk gS\ 4- Hkkjro'kZ dk iqjuk uke D;k gS\

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3- gesa ?kweus dgkj tkuk pkfg,\ 4- InhZ esa dSls diM+s iguus  
pkfg,\ 5- xehZ esa dSls diM+s iguus pkfg,\ 6- gesa ges"kk dSls diM+s  
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1- gesa dSlk [kkuk ugha [kkuk pkfg,\ 2- gesa IM+d dSls ikj djuh pkfg,\  
3- geas dSlk ys[k fy[kuk pkfg,\ 4- geas lkal dSls ysuh pkfg,\  
4- gesa dSlk cksy cksyuk pkfg,\ 6- gesa dSlk cksy ugha cksyuk  
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3- bZ"oj fdrus gSa\ 4- bZ"oj dgka jgrk gS\  
5- bZ"oj fn[kkbZ D;ksa ugha nsrk\ 6 -bZ"oj dls izklr gksrk  
gS\  
7- bZ"oj dk loZJs'B uke D;k gS\

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mPpkj.kA